

## Overview:

Completion of this course does not represent the arrival at a destination but instead it should be viewed as the beginning of a journey. Coastal Kayak leadership is a demanding and constantly evolving field and therefore one should be diligent in continuing their education through training, assessment and praxis.

## The Open Water Environment:

Leading in open water requires skill, judgment and situational awareness and even then there are no guarantees. When working with groups on open water be conservative, one can always make an easy day more challenging but the inverse is rarely true.

## The Coastal Kayak Leader:

What skills do I need to function as a leader in open water conditions?

### Technical Skills

- Strokes in conditions
- Launching and landing techniques
- Managing surf
- Managing various sea states
- Various rescues in conditions
- Rolling
- Towing
- Edging



### Leadership Skills

- Group Awareness
- Environmental Awareness
- Journey Planning
- Navigation
- Weather Assessment
- Sea "person" ship
- First aid
- On-water repairs



### Equipment

- Navigation Tools
- Communication Tools
- Repair Kit
- First Aid Kit
- Kayak

= Trip Leader