Level 3 Instructor Certification Exam (2 day)

Saturday AM: Skills check – the below strokes:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sweep

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sweep- pivot

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Forward (power vs. touring) quick check off (make sure all is good)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Reverse propulsion

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Emergency stopping

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Draw - in-water recovery

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Draw- sculling

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ High & Low braces

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Low Brace turns**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Bow Rudder New L-3 Strokes to check off**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Stern Rudder both directions same side  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sculling applications  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Side Slip**

Sat PM: Coach and Demonstrate:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Rescues Demo and coach all rescues Rolling check off  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Towing Demo and coach  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Video Advanced Strokes

5-7 Dinner (Pizza) View video of strokes

Sunday:

\_\_\_\_\_\_\_\_\_\_\_Navigation… L3 candidates will present w/ me   
\_\_\_\_\_\_\_\_\_\_\_ coach advanced strokes to L2 candidates  
\_\_\_\_\_\_\_\_\_\_\_ L-3 candidates will lead a journey (L2 candidates will be your clients) SIMS !!!!